

TX WHEEL INSTALLATION GUIDE

- 1 Remove any insoles currently in the shoe.
- 2 Insert the Dual Foam Insoles (DFI) and walk in them for a few hours so they conform to the shape of your foot and shoe.
- 3 After adjusting the TXWHEEL to the appropriate position, you can insert the SELNERTX either above or underneath the DFI based on preference.
- 4 Ensure the SELNERTX lies flat in the shoe, and it is flush against the heel.

DR. ALLEN SELNER

Dr. Allen Selner, a podiatrist and electrical engineer, is a pioneer in the field of sports science medicine. Utilizing his educational background, Dr. Selner applied engineering principles to develop a transformative surgical procedure known as the Tri-correctional unionectomy. He has published several peer-reviewed articles outlining the technique and benefits of this procedure.

Dr. Selner's passion for sports, medicine, and biomechanics led him on a journey to challenge the current standards and advance the field of sports science. For decades, the foot orthosis market has lacked a tool that addresses the source of most mechanical lower limb problems. Dr. Selner recognized this void, and began developing a forward thinking solution based on anatomy and biomechanics. The goal was to create a device that can truly help those with mechanically induced lower limb pain. He firmly believes that the device should be accessible to every person who may benefit from this approach. With the introduction of the SELNERTX, Dr. Selner achieved his goal.

The SELNERTX attacks the root biomechanical problems by unlocking the power of alignment. The SELNERTX is designed to improve the alignment of your foot, your foundation. If the foundation is aligned correctly, structures above the foundation are balanced. Therefore, Dr. Selner believes the SELNERTX has the ability to improve total body alignment, reducing mechanically induced pain. This

device, which functions like no other device, is capable of disrupting the foot orthotic market.

Dr. Selner's success with the SELNERTX, the world's first truly adjustable foot orthosis, is just the beginning. During the past 6 years while simultaneously developing the SELNERTX, Dr. Selner has also focused on building a state of the art sports science company, Mechanical Medicine, changing the way pain and pathology are viewed and treated. Dr. Selner and his team at Mechanical Medicine are dedicated to advancing the field of biomechanics and sports science; advancements that will replace outdated approaches, ultimately improving lives.

TX WHEEL ADJUSTMENT GUIDE

- 1 Using the Foot Type Chart, determine your foot type. Be aware that one of your feet can be different from the other.
- 2 Find the appropriate TXWHEEL RANGE based on your specific foot type.
- 3 To adjust the wheel, apply pressure on the rubber bumper and rotate. You will hear clicks as the wheel rotates. Each click is one unit of adjustment.



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